



## 第九屆香港傑出義工獎得獎者

THE 9TH HONG KONG VOLUNTEER AWARD WINNER

提名人：香港移植運動協會

NOMINATOR: HONG KONG TRANSPLANT SPORTS ASSOCIATION

### 鄭玉琴女士

Ms CHENG Yuk Kam

鄭玉琴女士是一位腎臟移植者，參與義務工作 23 年。2000 年，鄭女士因腎衰竭接受透析治療，並於 2003 年接受器官移植而重獲新生。因緣際會下，她參加了世界移植運動會的保齡球比賽。在努力鍛鍊過程中，她深深感悟到「因器官捐贈而人生變得美麗」的道理。為了傳揚這份信念，鄭女士於 2008 年與同路人創辦「香港移植運動協會」，十多年來致力推廣器官捐贈，並鼓勵器官移植康復者多做運動鍛鍊身體，活出彩虹。

於 2015 至 2020 年間，鄭女士擔起香港移植運動協會主席的工作。透過籌辦運動訓練、比賽及器官捐贈推廣活動等不同類型的項目，讓器官移植者認識運動的好處，鼓勵和協助他們運動復康。面對香港捐贈器官短缺，鄭女士不遺餘力地宣揚器官捐贈的重要性，不單與各界機構攜手合作，更加入政府的器官捐贈推廣委員會和香港器官捐贈行動組，以委員身份致力爭取檢討器官移植的政策，為需要器官移植的病患者，以及移植康復者爭取權益，讓他們得到最合適的幫助。

Ms Cheng Yuk Kam is a kidney transplant recipient who has been volunteering for 23 years. In 2000, Ms Cheng received dialysis treatment for renal failure, and was given a new life through transplantation in 2003. By chance, she took part in a bowling competition in the World Transplant Games. The hardship she endured during training let her realize that “organ donation has made life beautiful”. To promote the idea, Ms Cheng co-founded Hong Kong Transplant Sports Association (HKTSA) in 2008 with fellow transplant recipients. For over a decade, HKTSA has been actively advocating for organ donation and encouraging transplant recipients to adopt an active and healthy lifestyle, embracing the rainbow of hope.

From 2015 to 2020, Ms Cheng was the chairperson of the HKTSA. By organizing different events such as sports training, competition and organ donation promotion, transplant recipients were informed of the benefits of exercising, and are encouraged to and assisted in working out for rehabilitation. In face of the shortage in organ donation, Ms Cheng spares no effort in promoting the importance of organ donation. She does not only work jointly with different sectors, but also assumes the role of a member of the government’s Committee on Promotion of Organ Donation and Hong Kong Organ Donation Action Group. She advocates for a review of the organ donation policy, and for the rights and benefits of patients in need of organ donation and transplant recipients, such that they could receive the most appropriate assistance available to them.